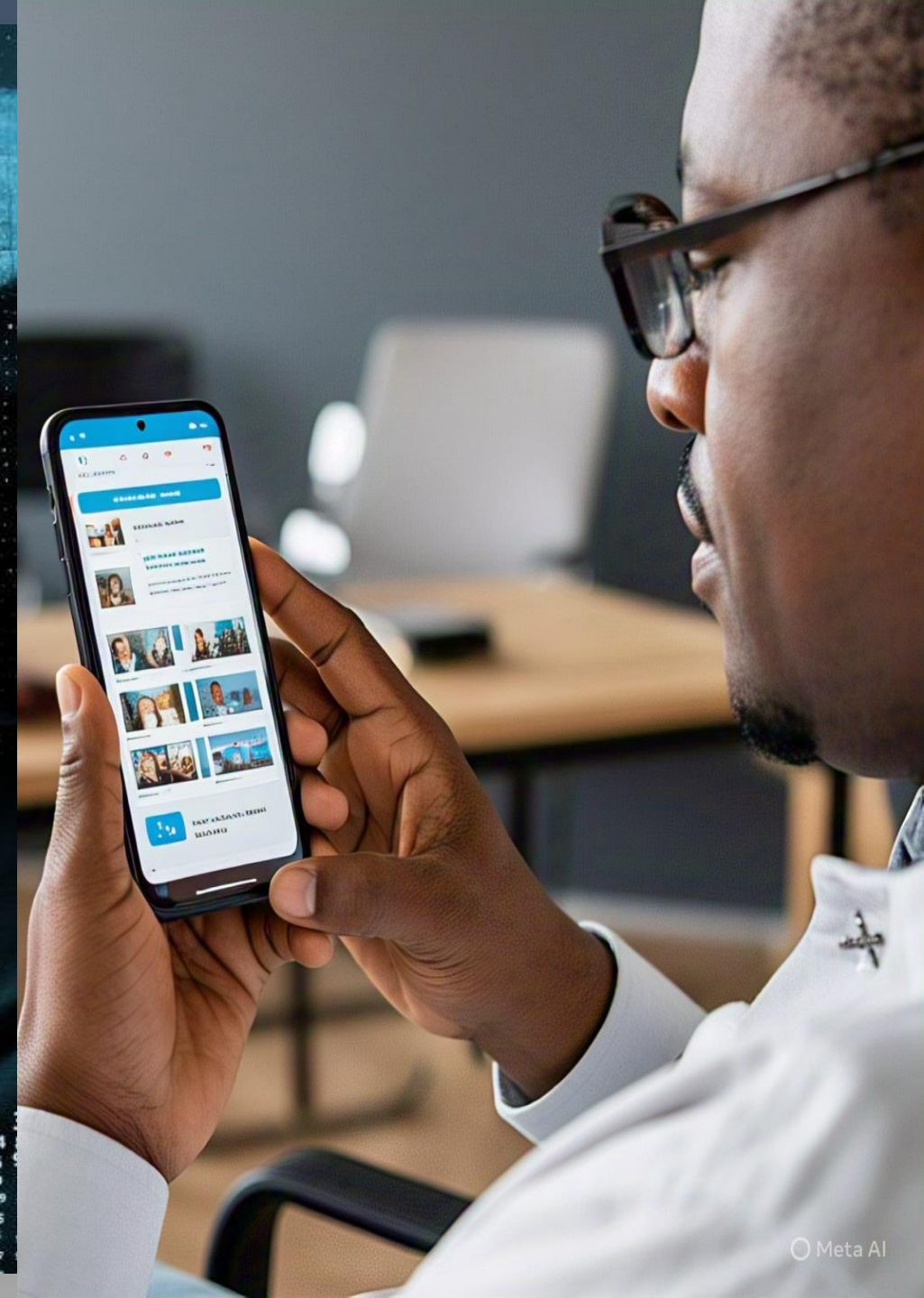


THE POLICE CHURCH

THE CHRIST-CENTRED DISCIPLE & SOCIAL MEDIA MENACE

REV. KUMAH DOE

Online, May 5, 2025



What is happening Now?

- Live feed from.....
<https://www.worldometers.info/>

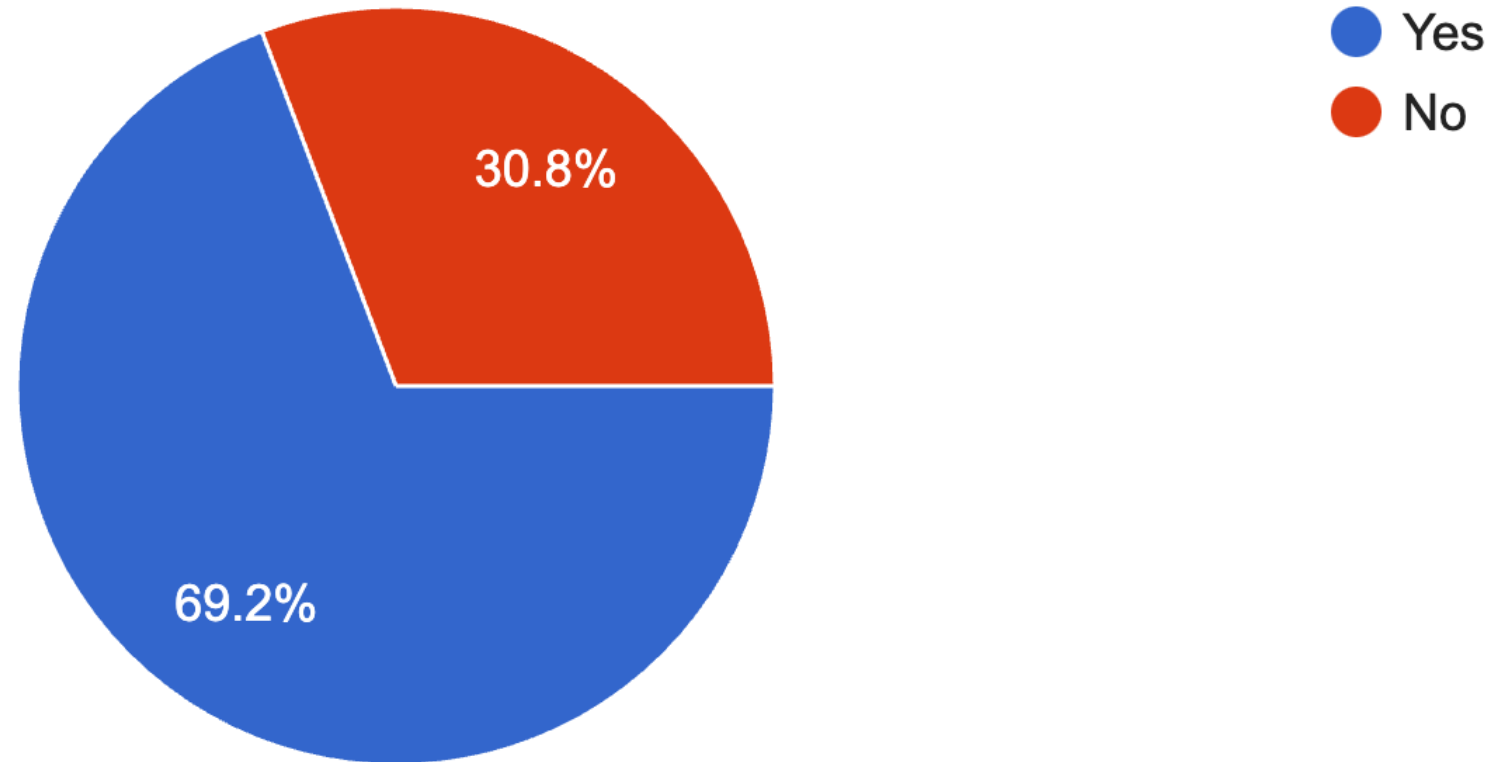




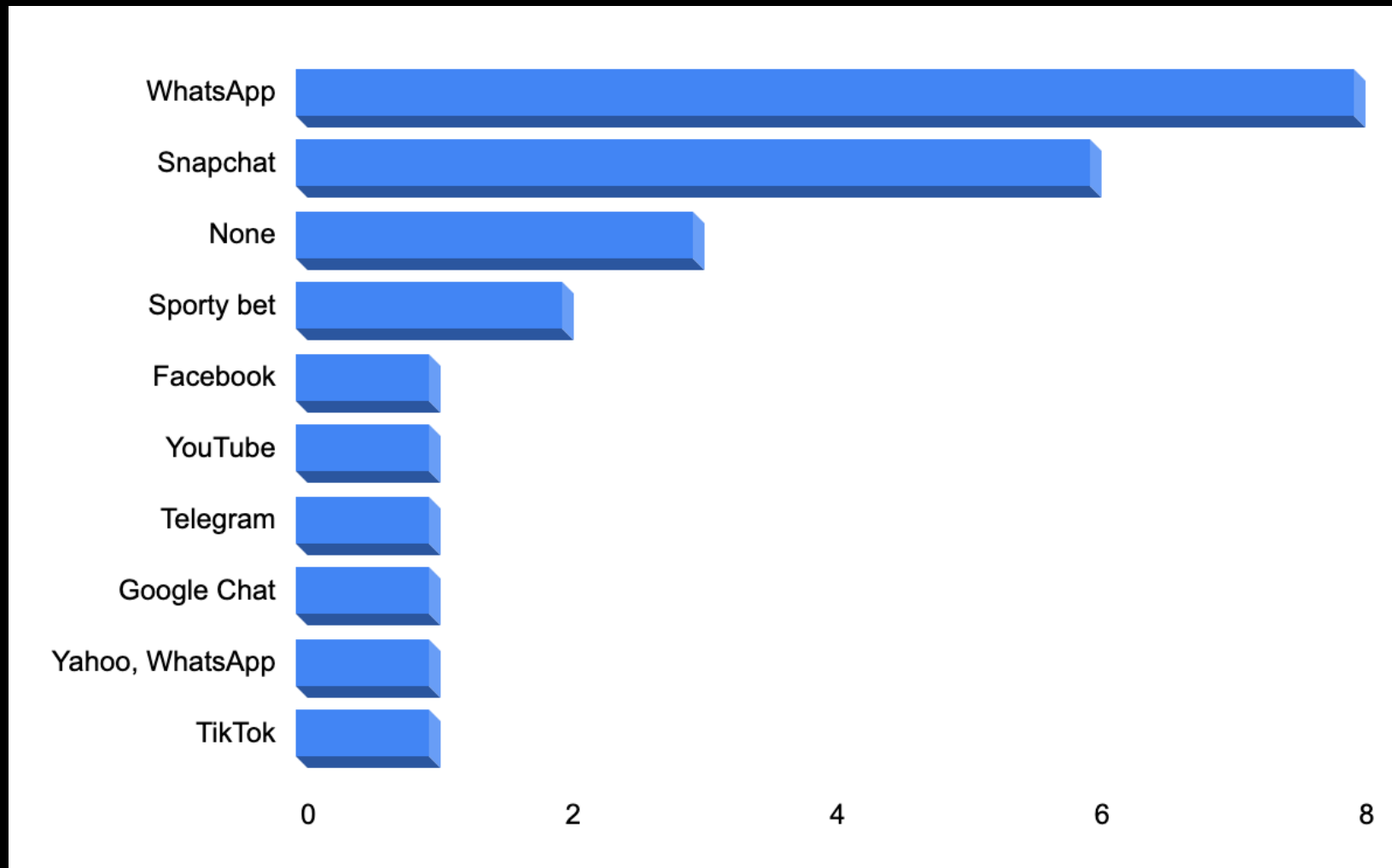
Objectives

- Explain Social Media
 - Biblical Foundation
 - Some good uses of Social Media
- Explain Social Media Menace/Negative Effects of Social Media
 - Causes & Effects
 - Possible Types
 - Prevention
 - Management or help for the addicted

Are you on any social media platform?



Which social media network or chat room do you use most?



Hours on Social Media

4 hours Average

What Is Social Media

- Websites and applications that enable users to create and share content or to participate in social networking.
- Internet or cell phone-based applications and tools use to share information among people. E.g. Facebook & WhatsApp.
- The focus is on interactivity



What have you been using Social Media for?

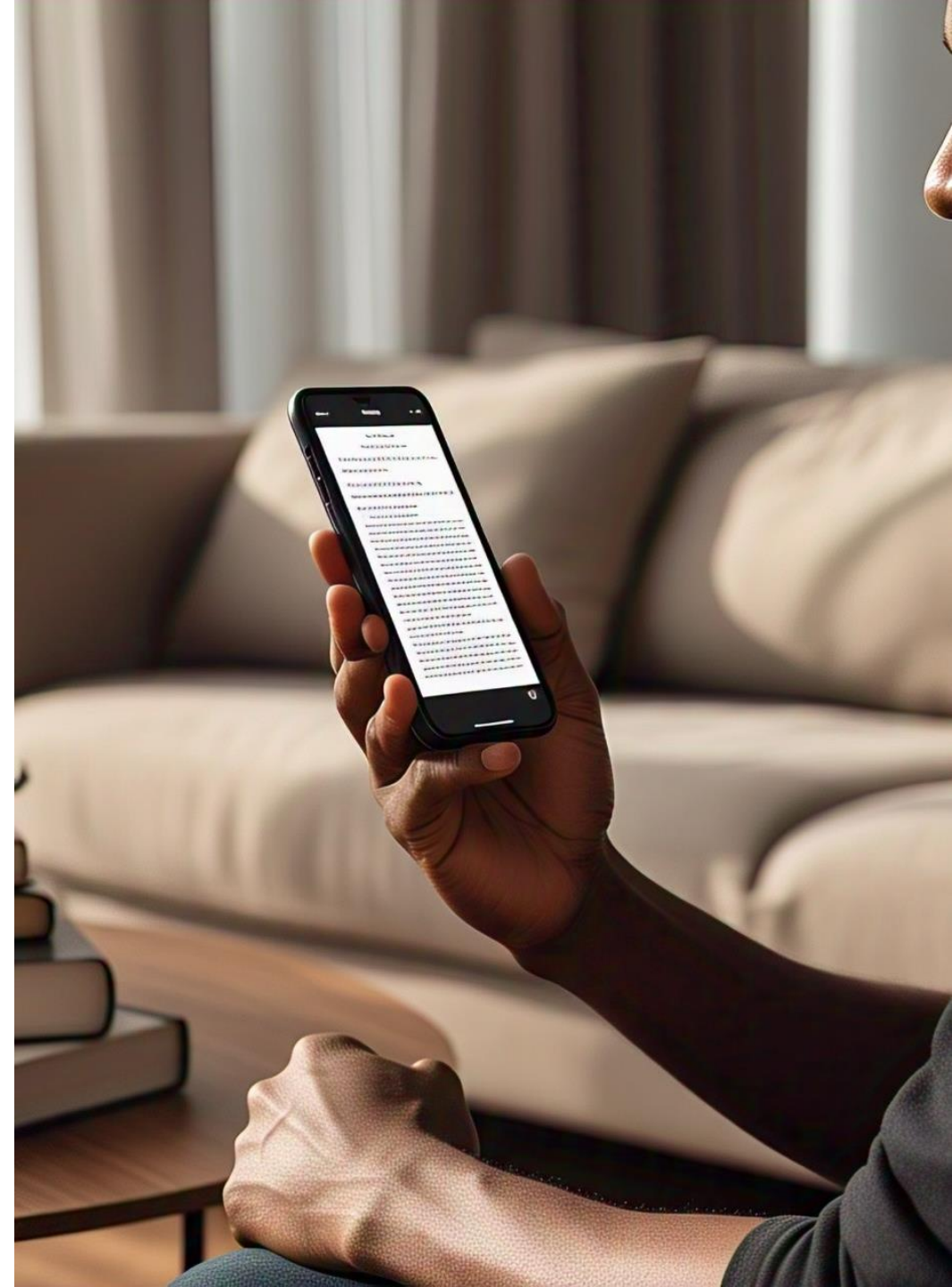
Discuss with feedback



Biblical Foundation

- 1. Christ-Centered Identity - Galatians 2:20** – *"I have been crucified with Christ..." (My life is not my own; it reflects Christ.)*
- 2. Wise and Edifying Speech - Ephesians 4:29** – *"Let no corrupting talk come out of your mouths..." (Social Media is about Communication)*
- 3. Self-Control and Guarding the Heart - Proverbs 4:23** – *"Guard your heart, for everything you do flows from it." Online platforms can tempt us into envy, comparison, lust, anger, or pride.*
- 4. Accountability and Light in Darkness - Matthew 5:14–16** – *"You are the light of the world..."*

The Christ-centered disciple is not passive; he/she is called to actively shine in a dark culture.



A series of white paper cutouts of human figures holding hands, arranged in a line. The figures are positioned on the left side of the frame, with a green background behind them. The cutouts are slightly out of focus, creating a sense of depth. A white, torn-edge graphic separates the image from the text on the right.

Good Uses Of Social Media

- **Family**
 - Connect, Socialize, Family meetings, etc.
- **Religion**
 - Mobilize Prayer, Encouragement/Sermons/Messages, Counselling, Discipleship & Mentoring
- **Business & Finance**
 - For recruitment & advertisements



Good Uses Of Social Media

- **Government & Law**
 - Get information to enforce laws and implement policies, Political discussions
- **Arts & Entertainment**
 - Easy access to Music & Videos
- **Education**
 - Chat groups for discussions/ Old students' socializations



Social Media Menace

- The use of Social Media to threaten, harm, harass or serious offend somebody.
- A message or a post could be considered offensive if it is likely to cause serious anger, outrage, or humiliation.

Negative Effects of Social Media

1. Addiction due to release of **Dopamine** in the Brain
2. Makes people Compare each other leading to loneliness, frustration & anger. – **0.19%**
3. People become restless
4. Reduction in Real Human Contacts
5. Can give rise to other forms of Social Media Menaces



Other Known Effects Among Students

- 1.Reduced Learning & Research Capabilities
2. Exam Malpractice
3. Reduces Command over Language Usage & Creative Writing Skills – **42%**
4. Time Wastage
5. Low Grades



Possible Health Effects of prolonged exposure to Digital Devices

- Sight problems for near work situations
 - Double or blurred vision
 - Redness or dryness of eyes
 - Eye irritation
 - Neck or back pain
 - Headaches
 - Eye twitching
- Psychosis - "loss of contact with reality"



YOUR STATISTICS (2024)

- Hour spent on Social Media daily = 3-6hours
- **Some of you** compare yourselves with Friends on Social Media which brings Frustration & Loneliness
- **Some of you** use shortened word a lot which can affect your English.
- **33%** are addicted to Social Media*
- **20%** have been involved in Sexting before
- **17.9%** is currently involved in Sexting
- **17.6%** have been drawn into Masturbation or Lesbianism

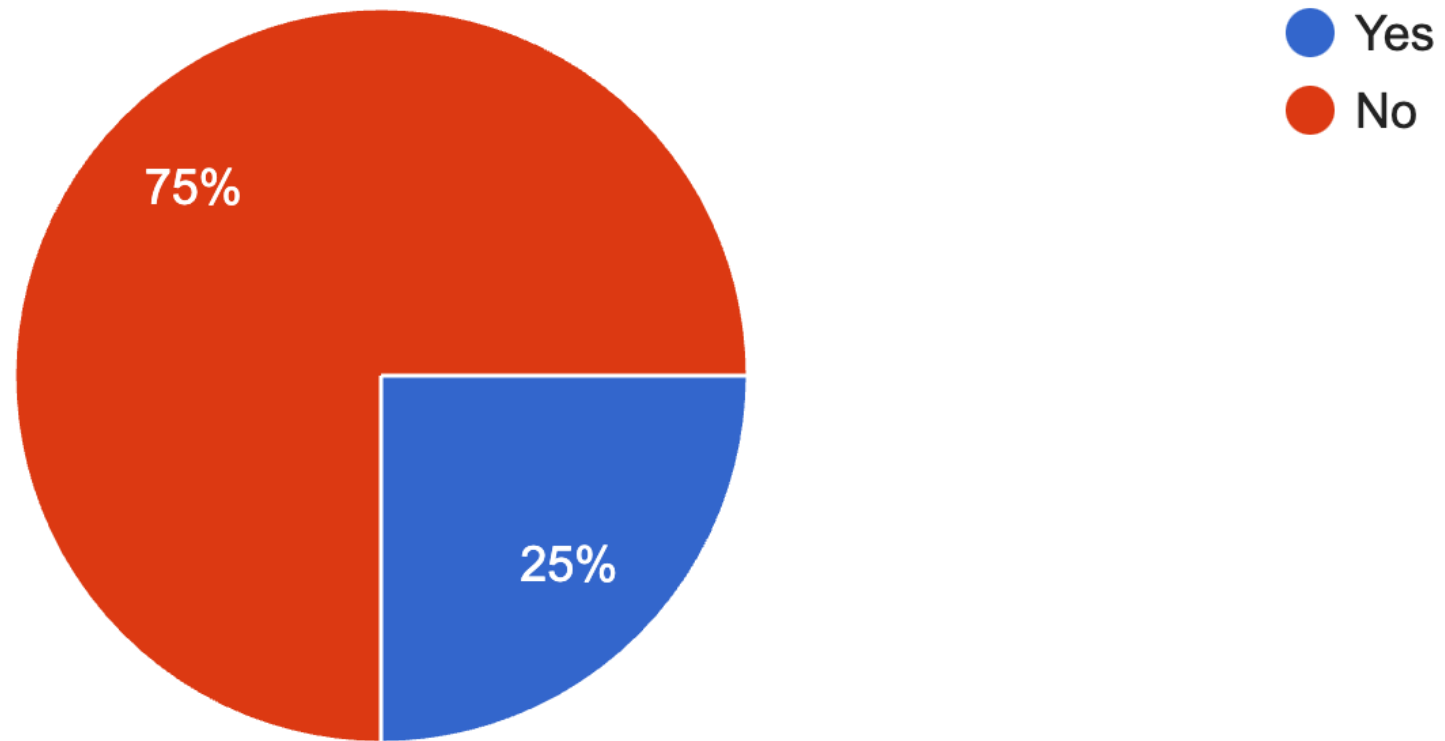


Some Types of Menace

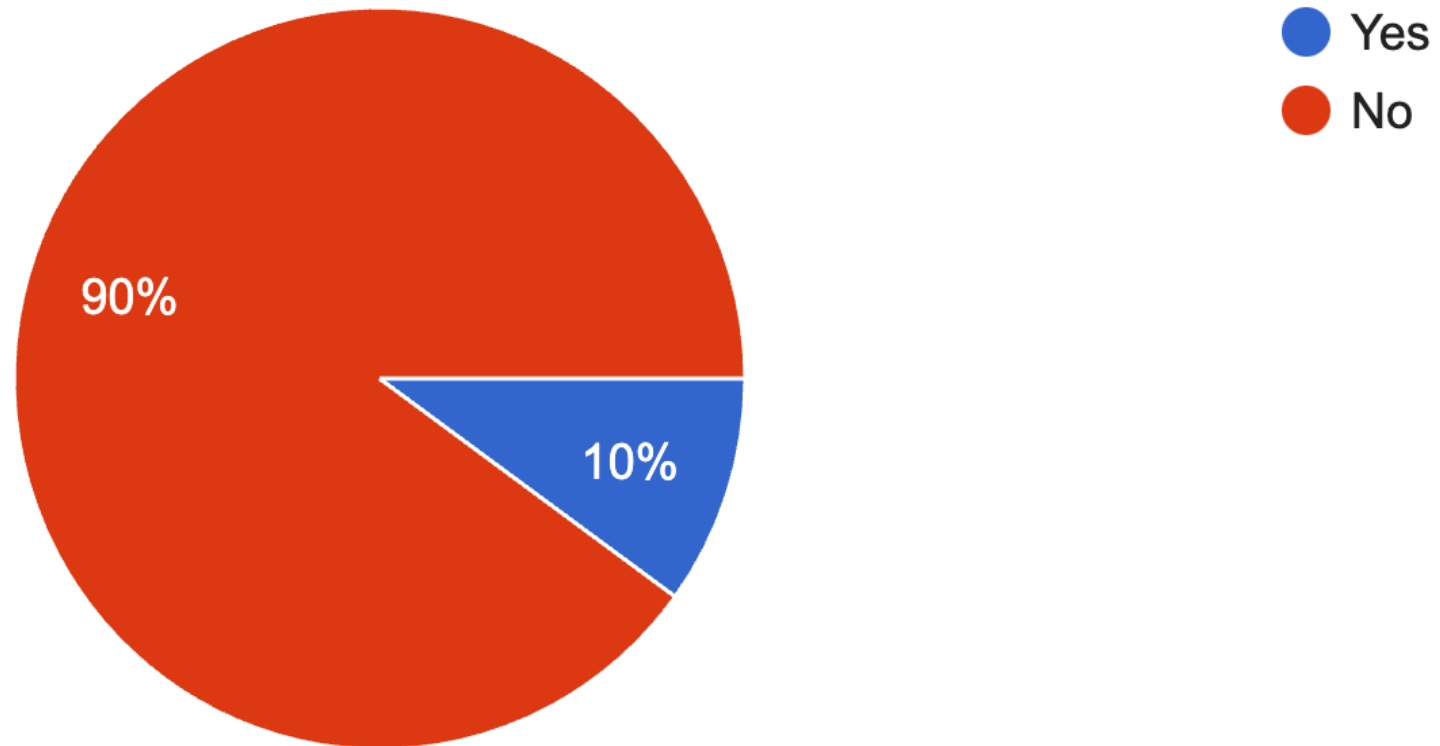
1. Cyber Bullying
2. Cyber Fraud
3. Cyber Sex
4. Sexting
5. Others beyond the scope of this Presentation

Cyber Stalking, Cyber Crime, Cyber Terrorism, Cyber Hacking.

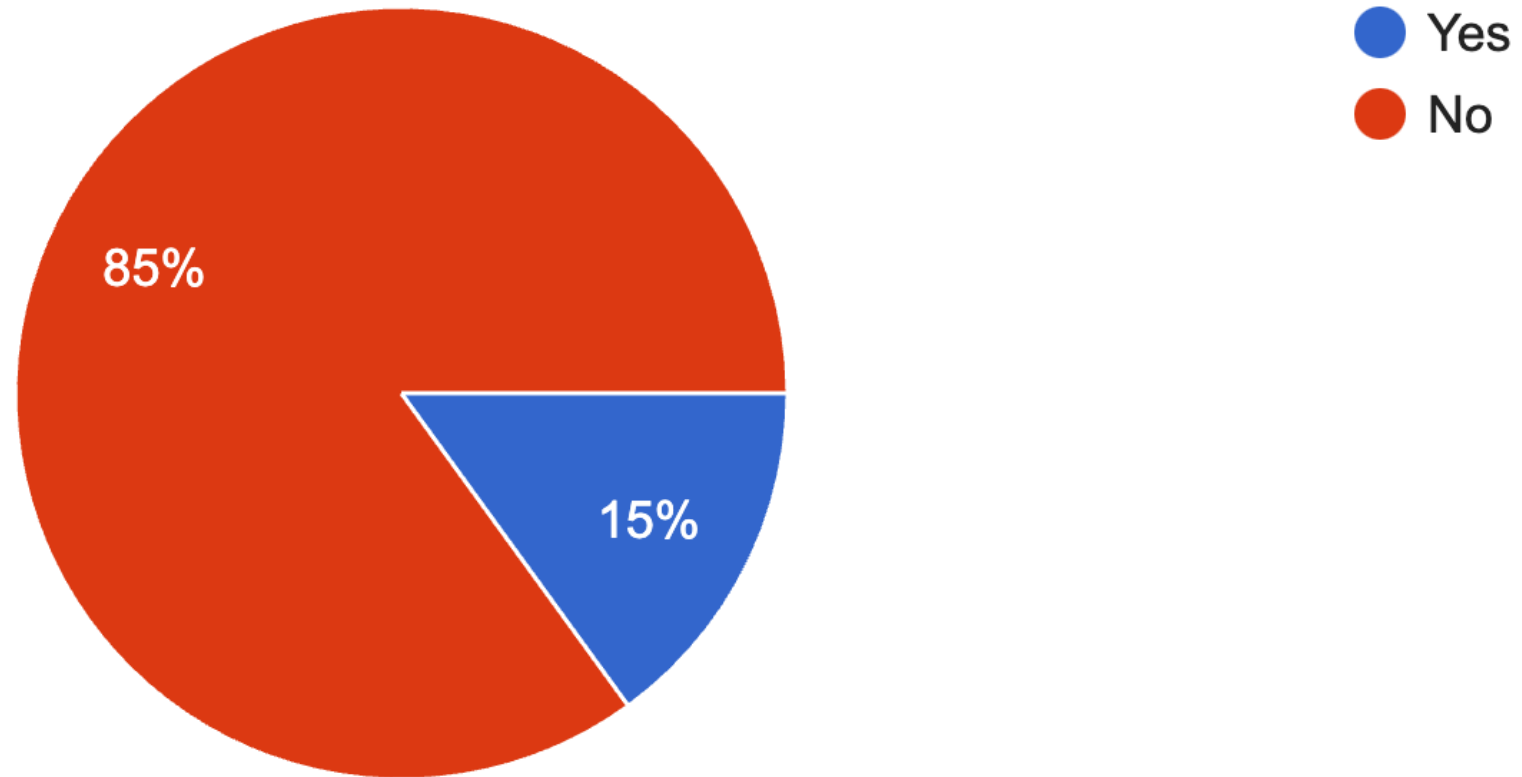
Have you bullied (harassed, impersonated, threatened, intimidated)



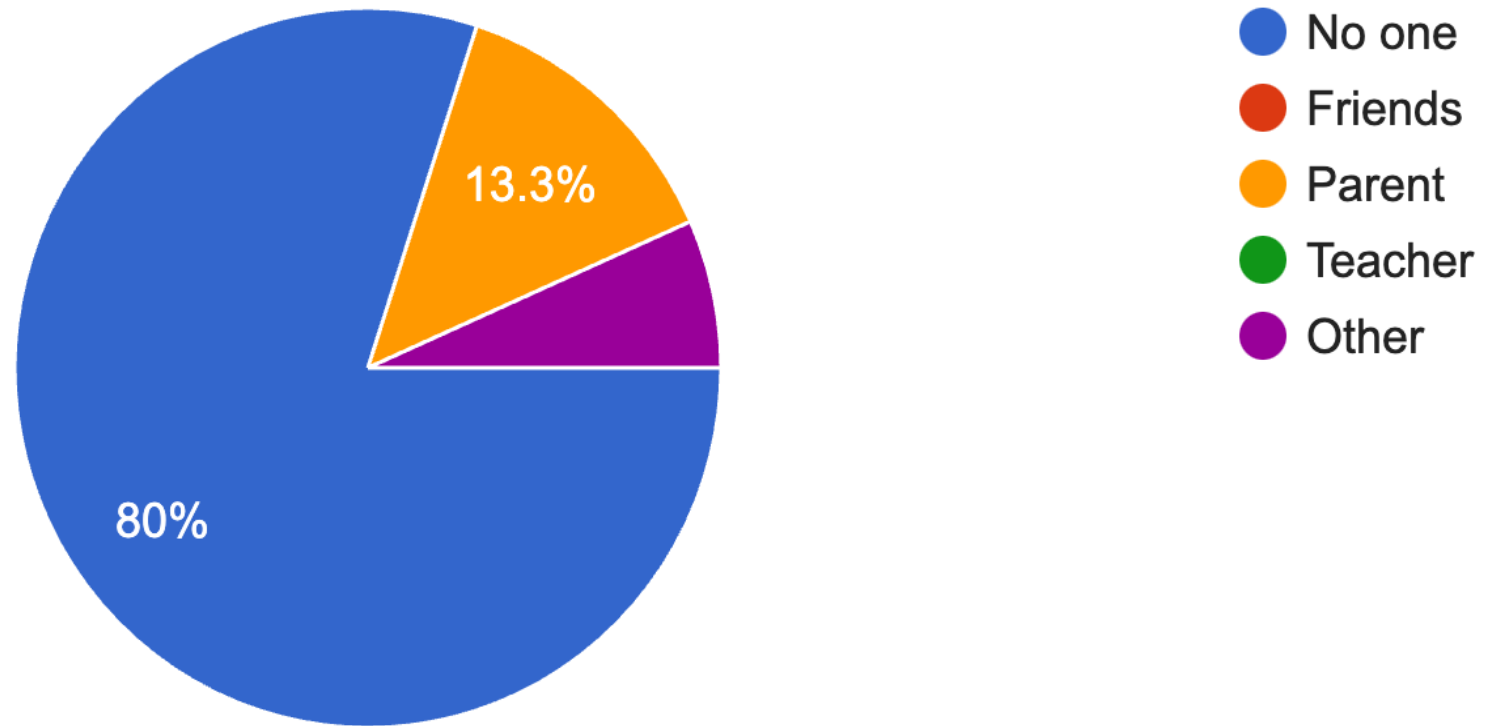
Have you been bullied online before?



Has your image (full or part) been used online without your notice or consent before?



Who did you confide in when you were bullied?



MEET THE

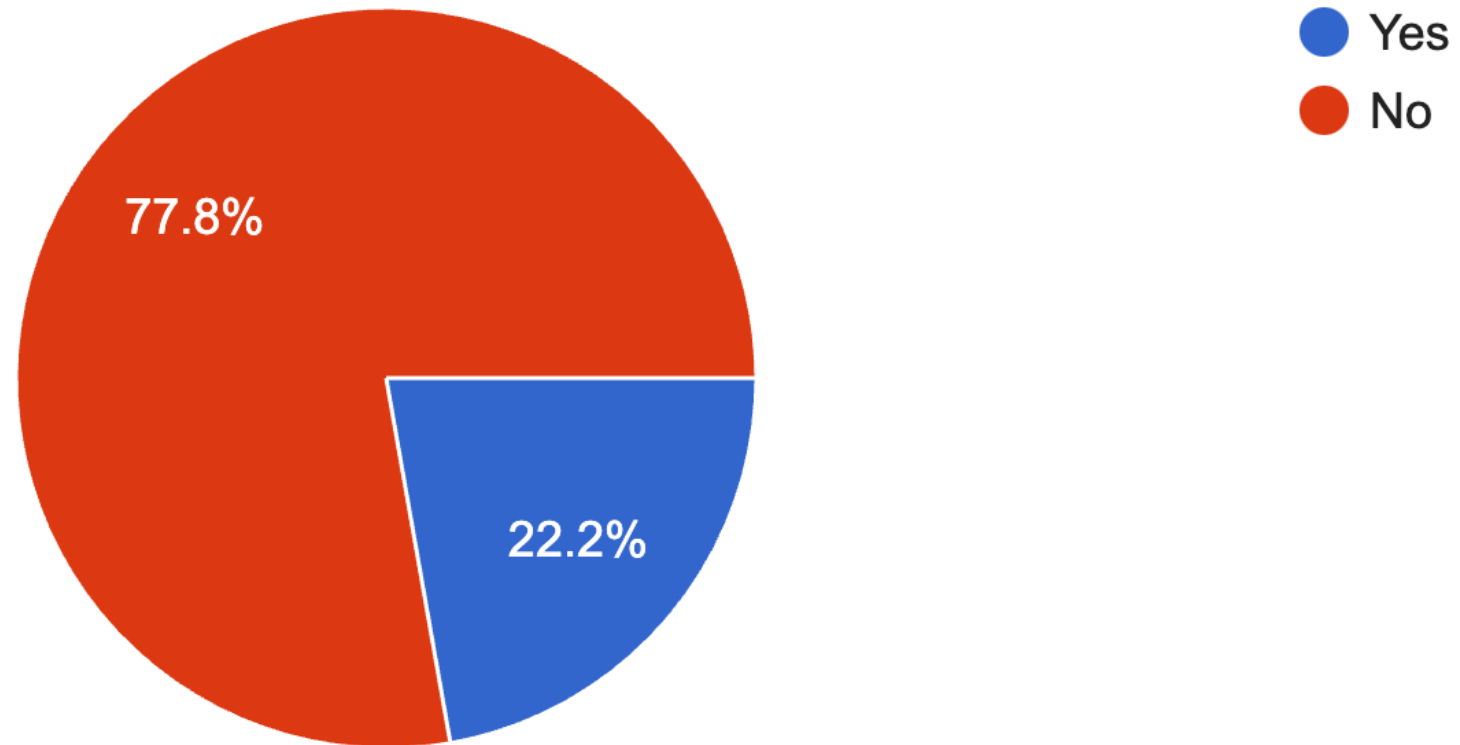
MOBILE MENACE

TOP THREATS TO MOBILE SECURITY AND WHAT YOU CAN DO TO PREVENT THEM

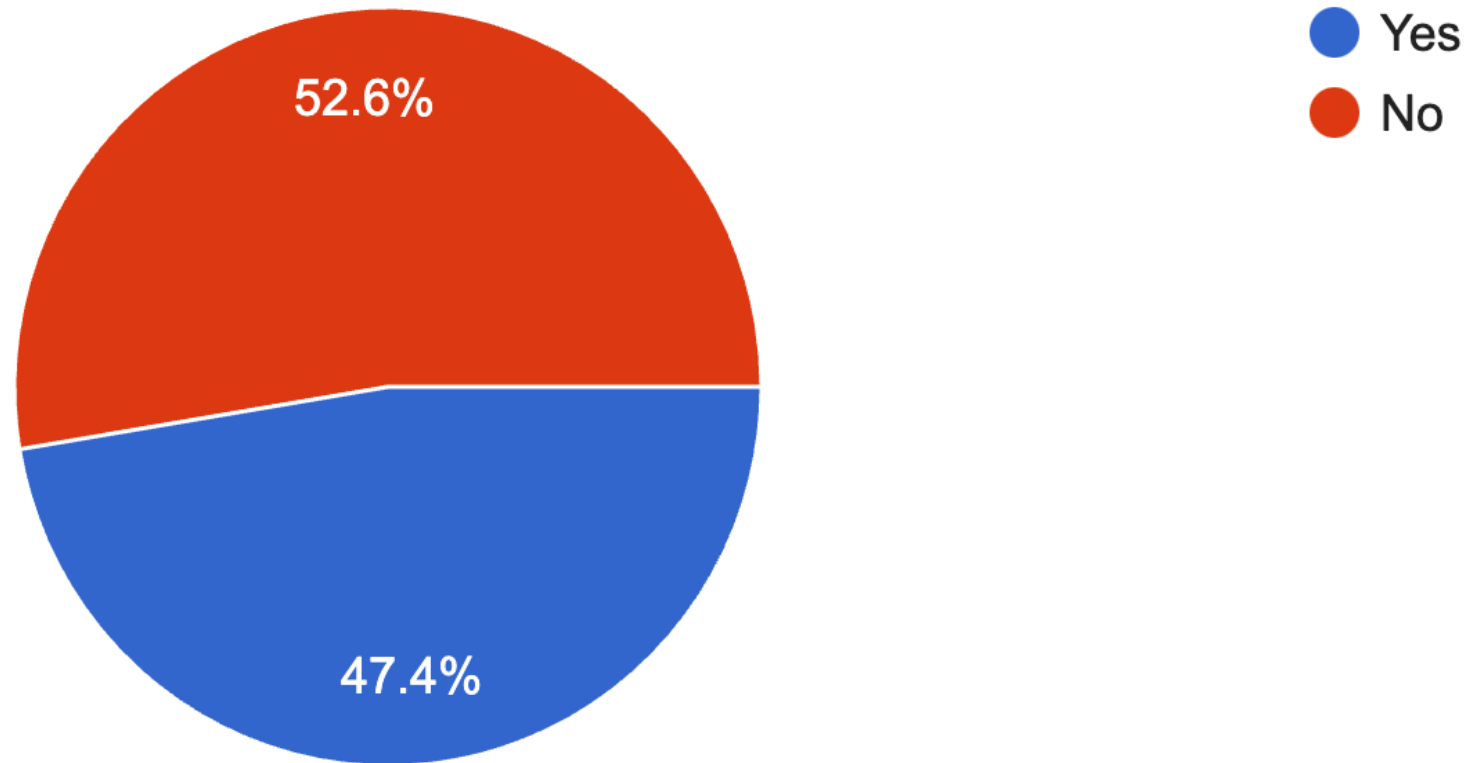




Have you defrauded online before?



Do you know someone who was defrauded online?





Prevention

1. At your level, what are some of the things you can do to prevent these Negative Effects?
2. Name the possible medium (e.g. Facebook) where the above can occur and the ACTION to take.






SEXTING

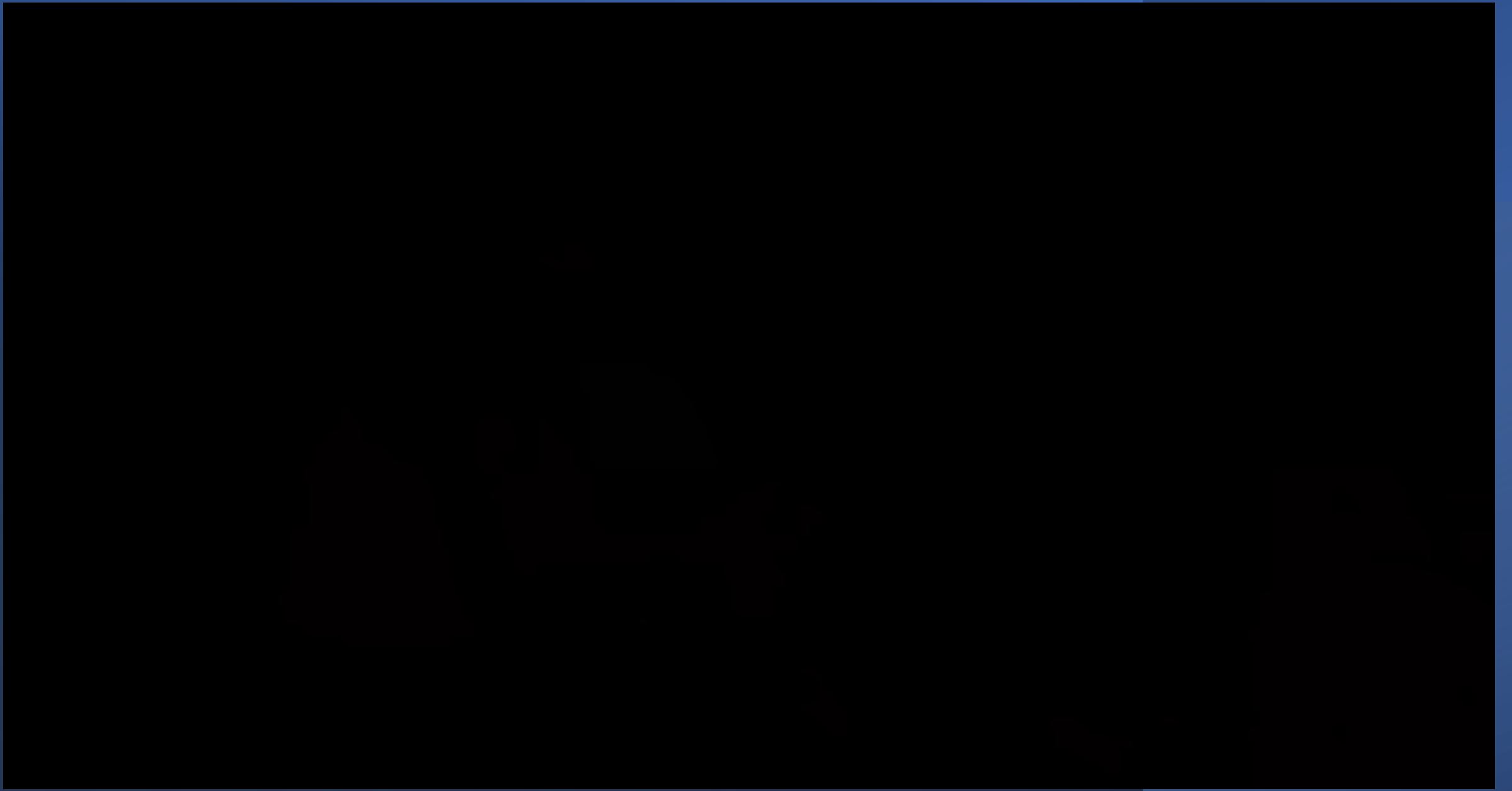
A neon sign is mounted on a dark, textured brick wall. The sign consists of a white-outlined speech bubble containing the word "SEXTING" in bright yellow neon capital letters. Above the text are three heart-shaped neon outlines: the first is purple, the second is pink, and the third is red. The entire sign is illuminated, casting a soft glow on the surrounding bricks.

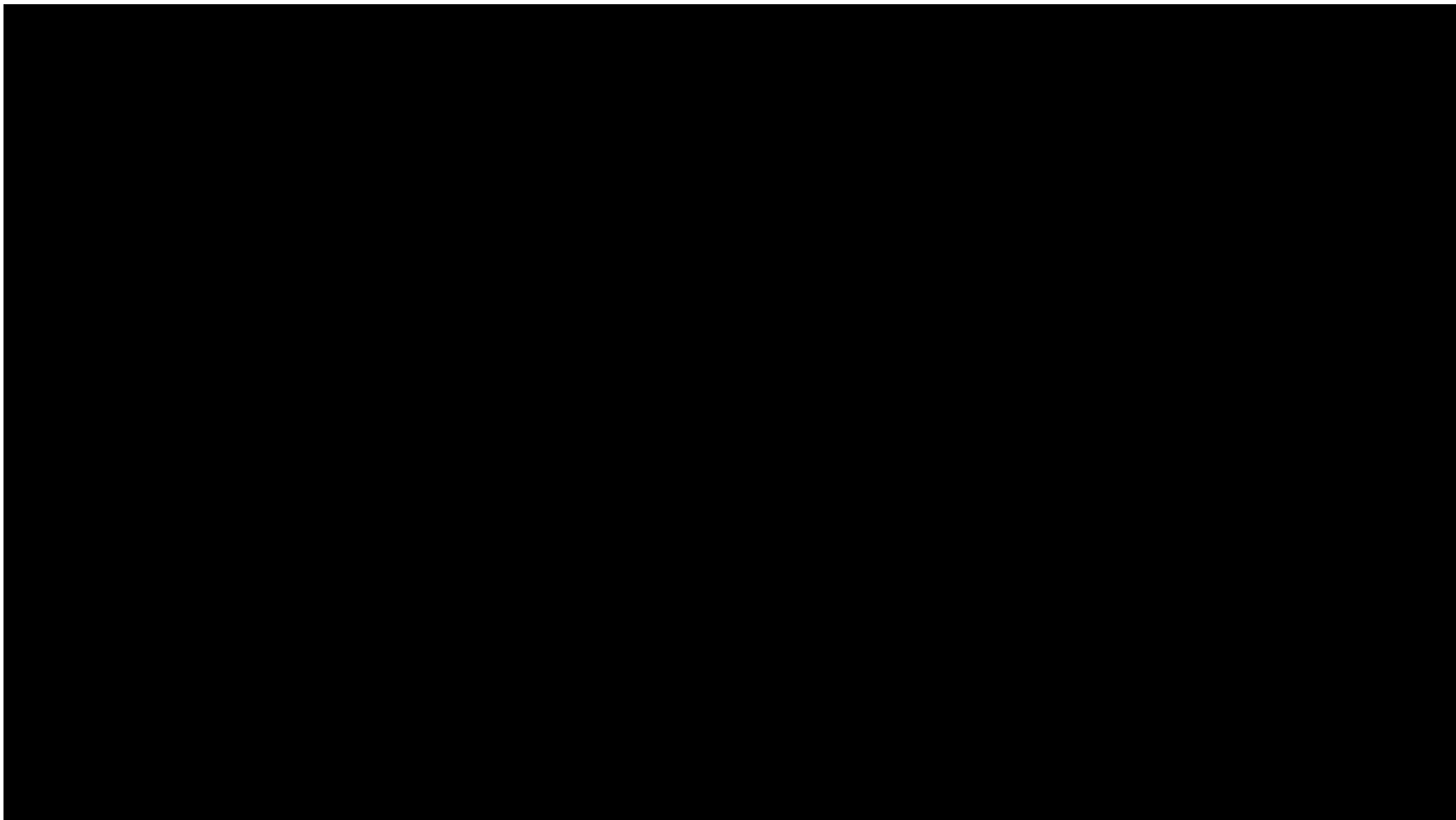


Sexting

Sending someone sexually explicit photographs, videos or messages via a mobile device or a social network.

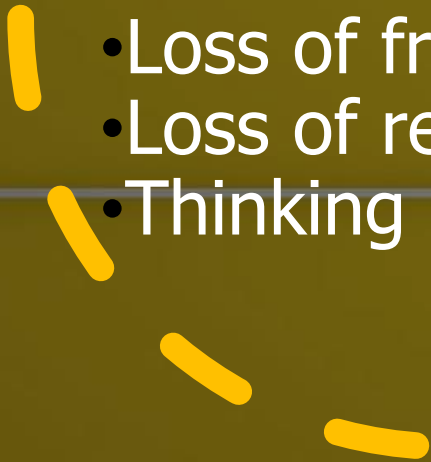




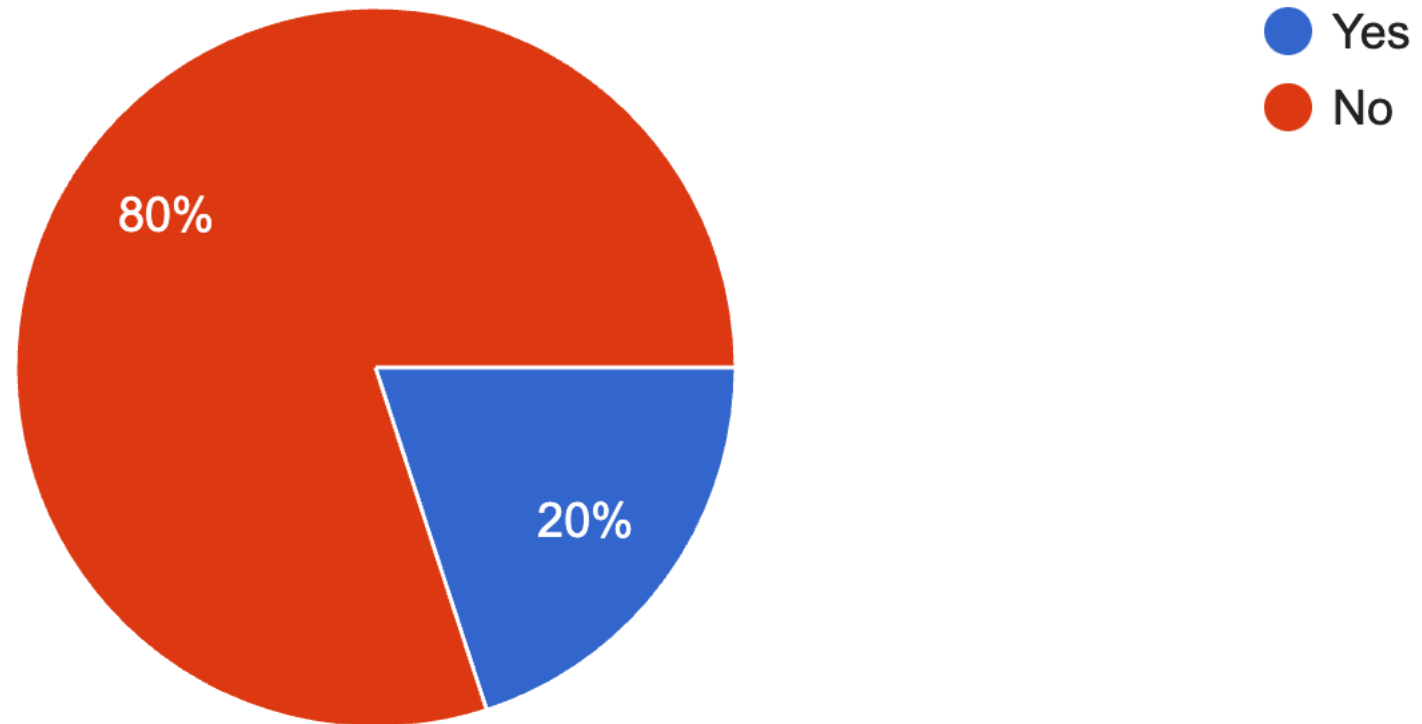


Sexting can affect your mental health and relationships

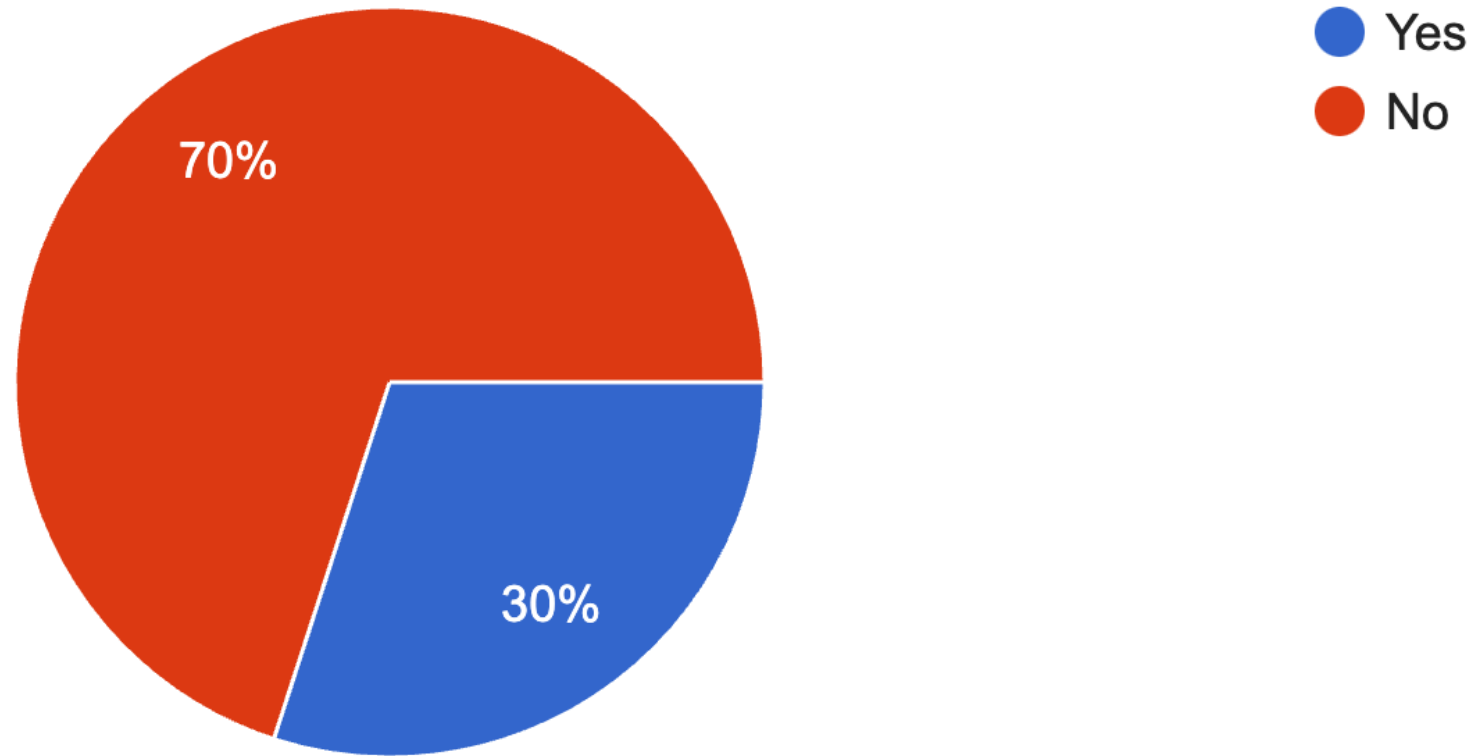
- Regret
- Objectification/victimization
- Bullying
- Depression
- Sadness
- Social isolation
- Loss of friendships
- Loss of respect for yourself
- Thinking about or actually hurting yourself or others



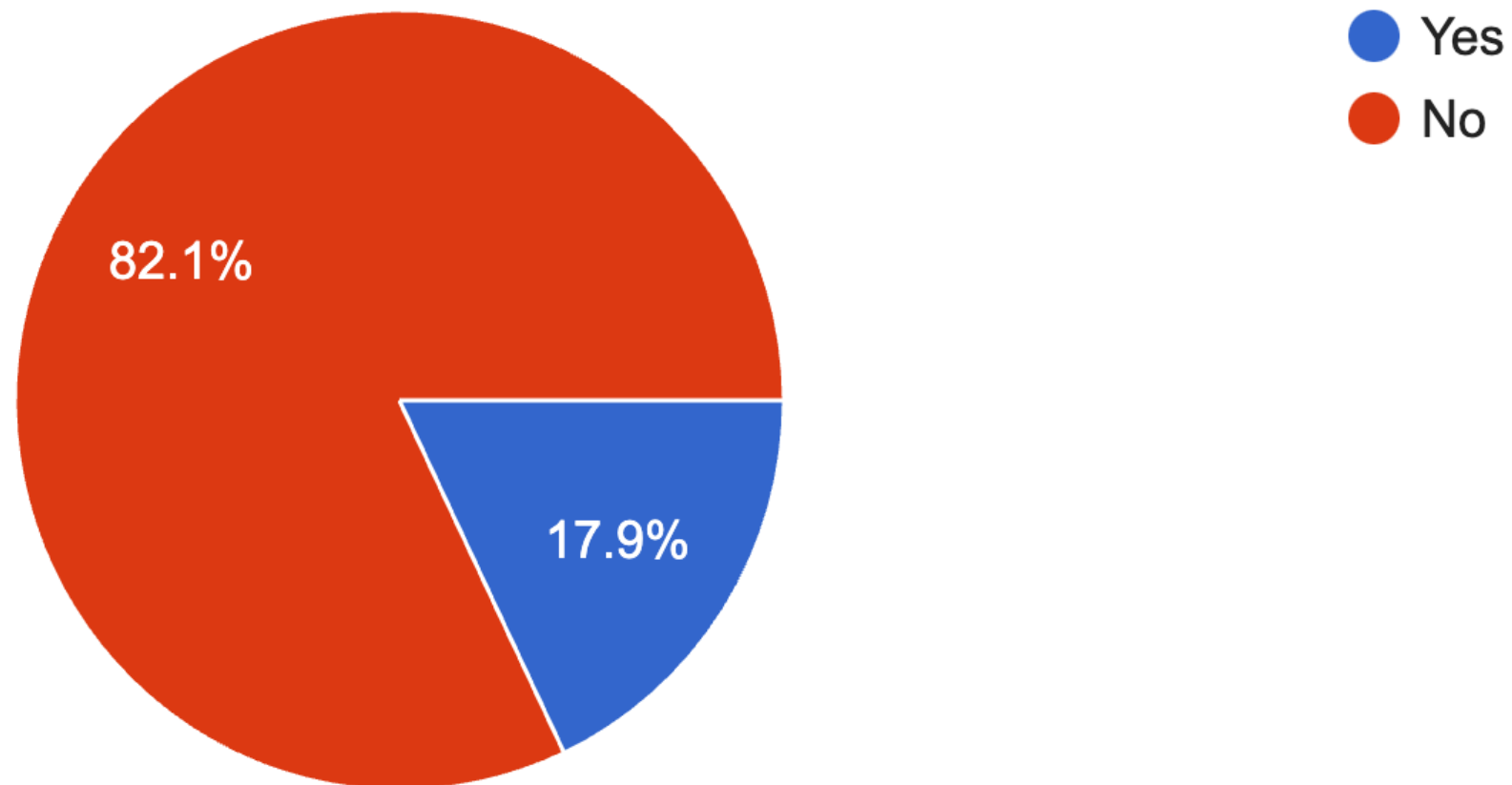
Have you sext before?



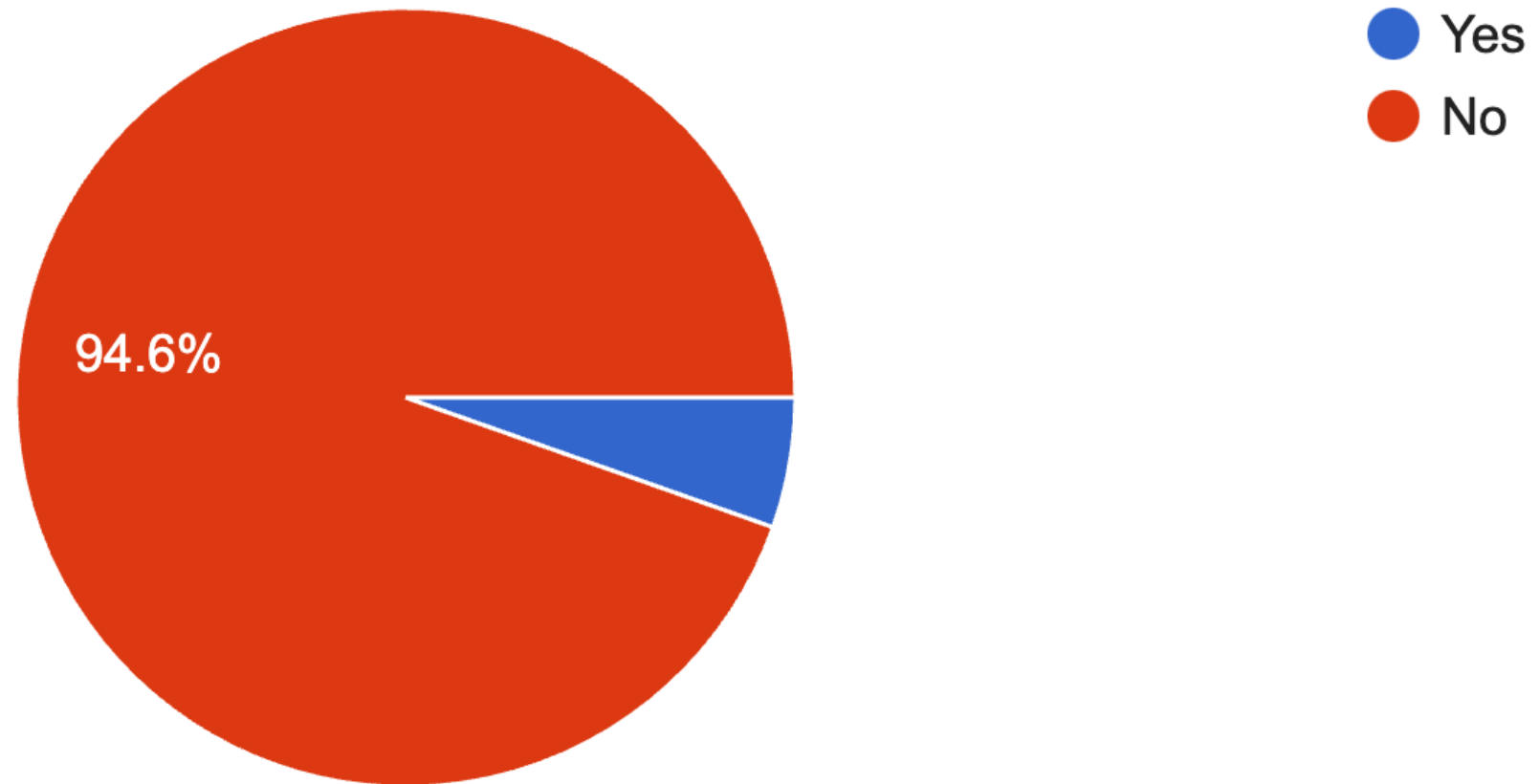
Has someone sext you before?



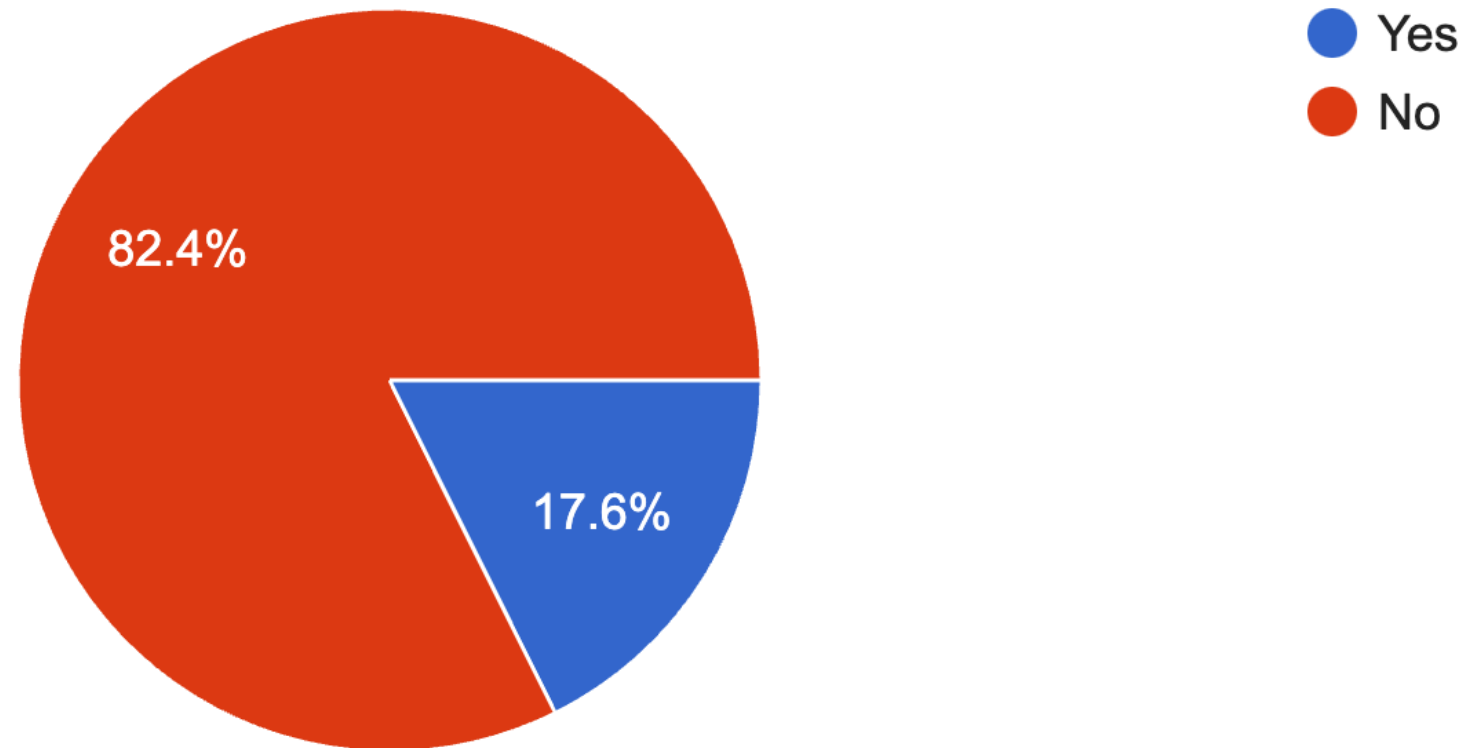
Are you currently involved in sexting with someone?



Do you think you are addicted to sexting?



Have you (or a friend) been drawn into masturbation or lesbianism?



SEXTING

RISK & CONSEQUENCES

WHEN YOU PRESS

SEND

YOU LOSE
CONTROL!

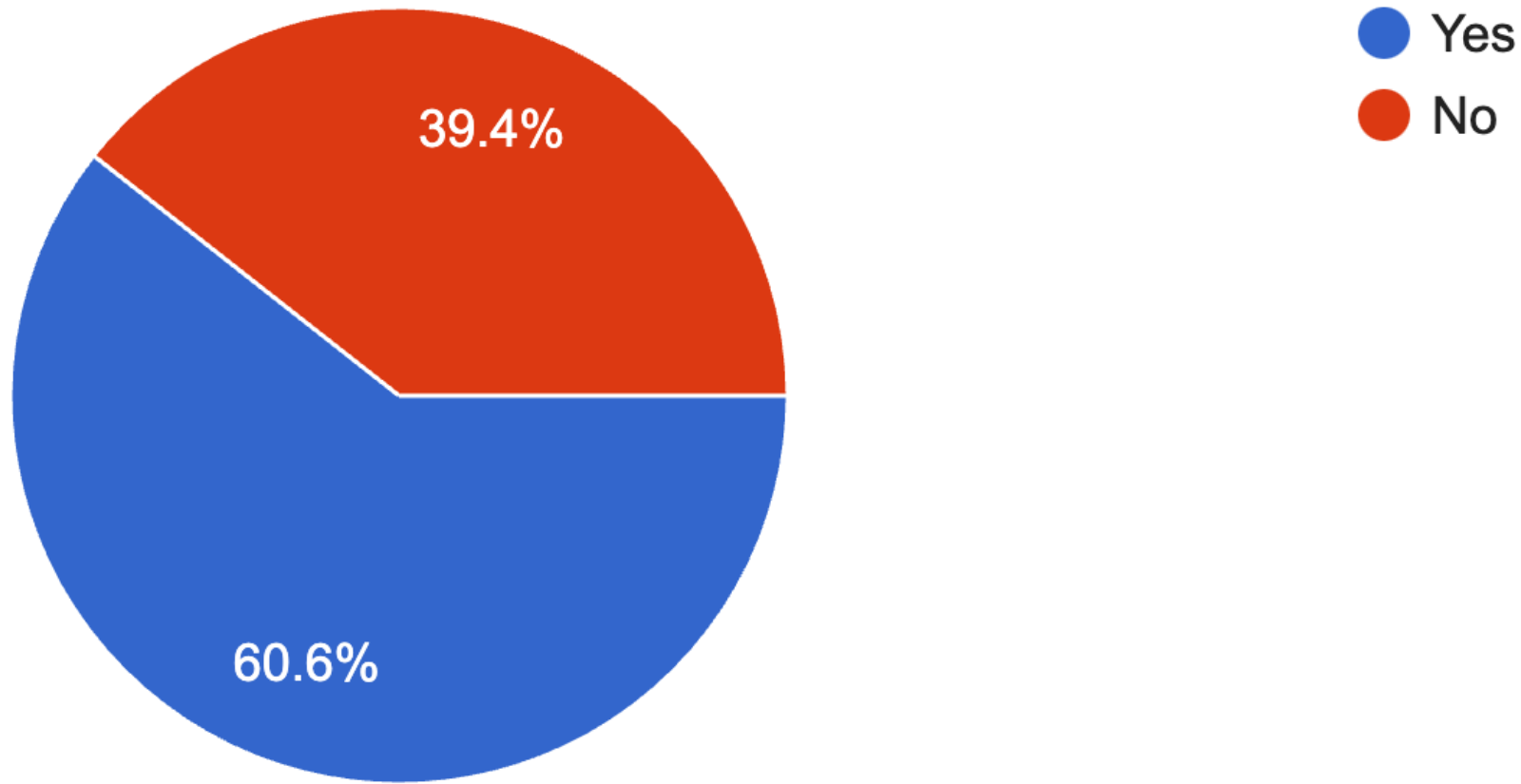


Once you
post it you
lose control

A purple chess pawn stands on a blue square of a chessboard. In the background, a soccer ball is blurred. The text "Sports Betting 101" is centered in white.

Sports Betting 101

Are you involved or know anyone involved in Sports betting?



Reasons for Sports Betting

- Money
- Buy Lamborghini
- Peer Pressure
- Follow my role model
- Easy way to get money
- Greed

Impact of Sports Betting

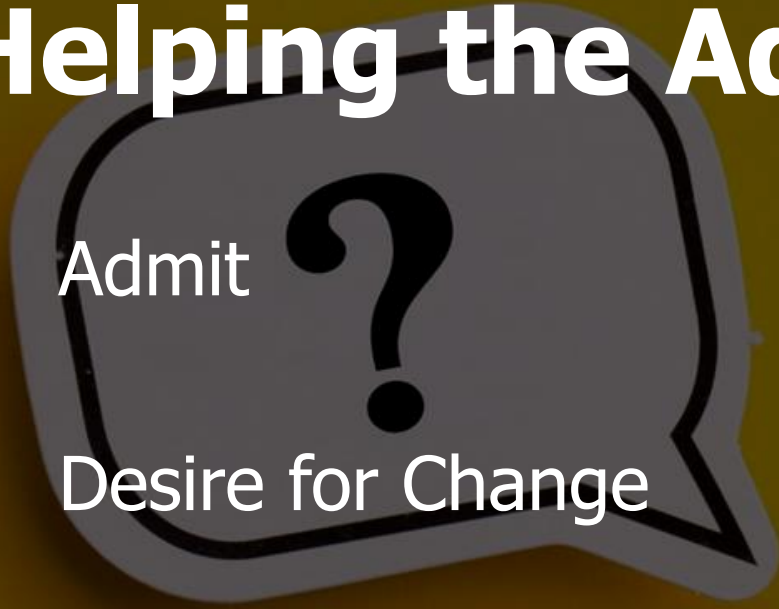
- What do you think are the impact of Sports betting
 - In community
 - Healthwise
 - Family
 - The individual
 - Those Around

Help! I'm addicted to Sports Betting

- How do you help someone addicted to Sports Betting???
- Jesu Film App
- Gotquestions
- Everystudnt

Helping the Addicted

- Admit
- Desire for Change
- Talk to a counselor or someone who can help you



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